

## Self-Advocacy in Cancer Survivorship Scale

*Instructions:* Please read each of the following statements carefully. The following statements reflect "self-advocacy" among cancer survivors. "Self-advocacy" refers to how a person stands up for themselves. A "cancer survivor" is anyone who has ever been diagnosed with cancer.

Think about your experiences since having cancer (whether you currently have cancer or had it in the past). For each statement, circle the number that corresponds to the response that best reflects how much you agree or disagree with each statement.

		Strongly disagree	Dis- agree	Somewha t disagree	Some -what agree	Agre e	Strongly agree
Informed Decision-Making							
1	I have the knowledge to solve the problems I face as a cancer survivor.	1	2	3	4	5	6
2	I seek out information before making decisions about my cancer care.	1	2	3	4	5	6
3	I weigh my options carefully before making important decisions about my cancer care.	1	2	3	4	5	6
4	I feel lost when I have to make decisions about my cancer care.	1	2	3	4	5	6
5	I can express my priorities to my provider when making decisions about my cancer care.	1	2	3	4	5	6

6	I am comfortable asking for a second opinion.	1	2	3	4	5	6
		<b>Strongly disagree</b>	<b>Dis-agree</b>	<b>Somewha t disagree</b>	<b>Some -what agree</b>	<b>Agre e</b>	<b>Strongly agree</b>
7	I know where to get an answer if my provider doesn't have one.	1	2	3	4	5	6
<b>Effective Communication with Healthcare Providers</b>							
8	I ask questions when I don't understand what my provider is telling me.	1	2	3	4	5	6
9	I talk to my provider if I don't agree with his or her recommendations.	1	2	3	4	5	6
10	I feel uncomfortable raising concerns about my care to my provider.	1	2	3	4	5	6
11	I rarely tell my provider about the problems I am having.	1	2	3	4	5	6
12	I have a hard time voicing my preferences to my provider.	1	2	3	4	5	6
13	I ask my provider to explain his or her recommendations.	1	2	3	4	5	6

Connected Strength

14	I seek out support from other cancer patients.	1	2	3	4	5	6
15	Helping other cancer patients also helps me.	1	2	3	4	5	6
		<b>Strongly disagree</b>	<b>Dis-agree</b>	<b>Somewhat disagree</b>	<b>Some-what agree</b>	<b>Agree</b>	<b>Strongly agree</b>
16	When I hear someone has cancer, I try to reach out to them.	1	2	3	4	5	6
17	It helps me to know that other cancer patients have gone through what I am going through.	1	2	3	4	5	6
18	Telling others how I'm doing makes me feel better.	1	2	3	4	5	6
19	I try to raise awareness about cancer.	1	2	3	4	5	6
20	I am comfortable sharing my cancer experience with others.	1	2	3	4	5	6

## **Scoring**

### **Informed Decision Making Subscale:**

Items 4 = reverse coded

Subscale Score: Sum of items 1-7

### **Effecting Communication Subscale**

Items 10, 11, and 12 = reverse coded

Subscale Score: Sum of items 8-13

### **Connected Strength Subscale**

Subscale Score: Sum of items 14-20

Mean scored of each subscale can be used.

## **Citations**

Hagan, T. L., Cohen, S. M., Rosenzweig, M. Q., Zorn, K., Stone, C. A., & Donovan, H. S. (2018). The Female Self-Advocacy in Cancer Survivorship Scale: A validation study. *Journal of Advanced Nursing*, 74(4), 976-987.

Thomas, T. H., Scott, P. W., Nilsen, M. L., Lee, J., McCarthy, M. E., Harris, A., ... & Donovan, H. S. (In press). The Female Self-Advocacy in Cancer Survivorship scale is a psychometrically sound measure of self-advocacy in male cancer survivors. *Psycho-Oncology*.